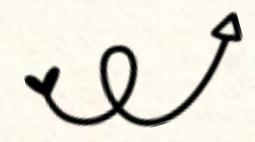
# Responsibility & Time Management



## Step 3: Be Good to Yourself

## One-word Check-in

Describe how you are feeling at this moment with one word.



## Responsibility

What does it mean to be responsible?

Being responsible means doing what you are supposed to do and being aware of your actions.



# A Little Spot of Responsibility

## A LITTLE Sport of Responsibility

A STORY ABOUT MAKING GOOD CHOICES



By: Diane Alber



# NB

## Responsibility

## What are your responsibilities?

## What are some things that may make it difficult to be responsible?

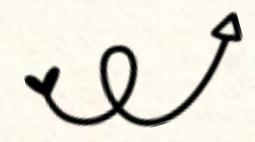
# Responsibility

## Who can help you when you don't feel like being responsible?

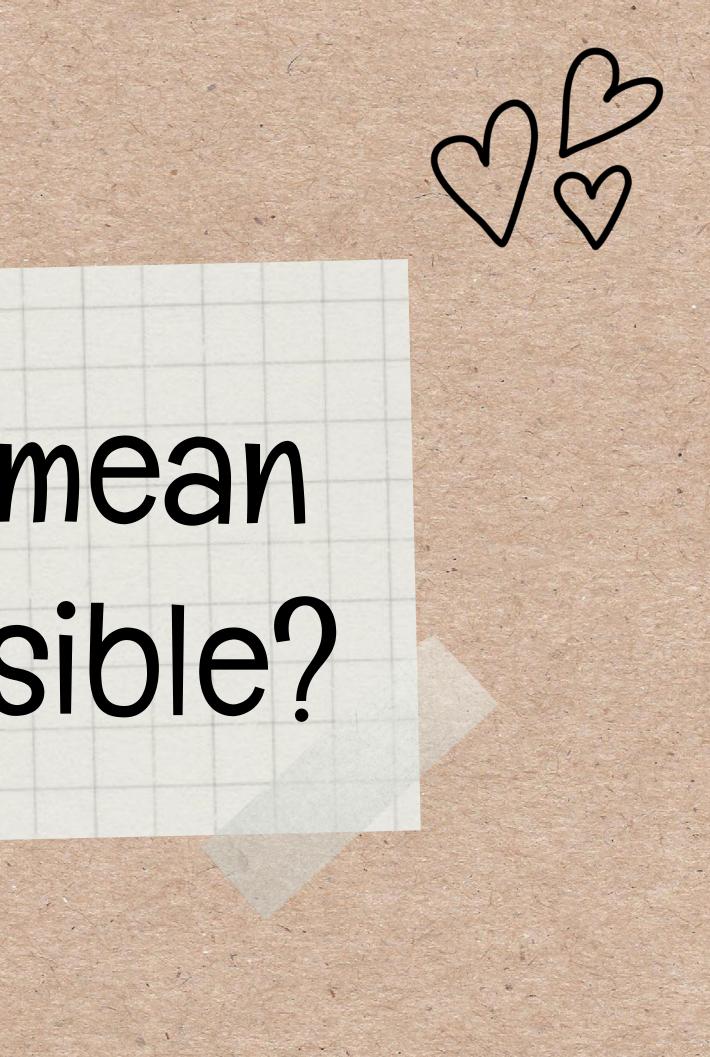
## In what ways could they help you?

## One-word Check-in

Describe how you are feeling at this moment with one word.



# What does it mean to be responsible?



## Time Management

## What is time management?

Time management is understanding how much time you have so you can plan, prioritize, and work productively.

# Minute-to-Win-It Games

## **Stacking Pennies**

## Numbers in Order

## How did if affect the group if someone wasn't paying attention?

## How To Handle It?

A friend wants you to come over after school, but you have homework. You find a lost hoodie left outside.

You witness a classmate being bullied during recess.

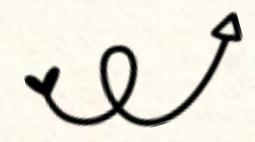
You accidentally break a classmate's pencil after they let you borrow it.



During a fire drill, you notice a classmate is scared.

## One-word Check-in

Describe how you are feeling at this moment with one word.



## ACM Weekly Family

## Correspondence

2m

# Lesson Links

