



STRENGTHS

Week 5

Step 1: Believe in Yourself



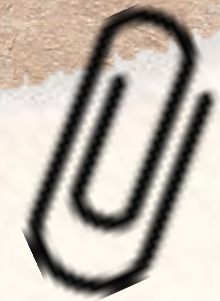


Positive Quality



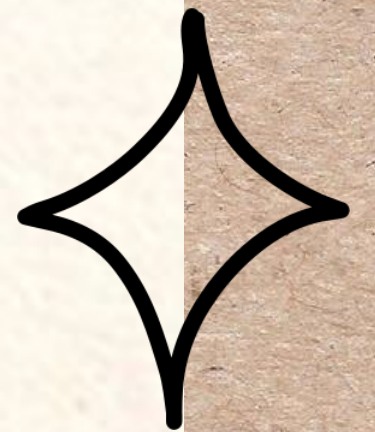
Think of a positive quality that starts with the same letter as your first name.

Ex: Funny Frank



One-word Check-in

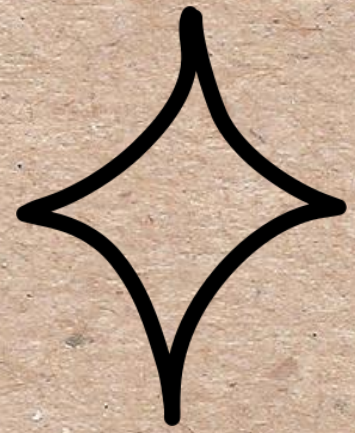
Describe how you are feeling at this moment with one word.



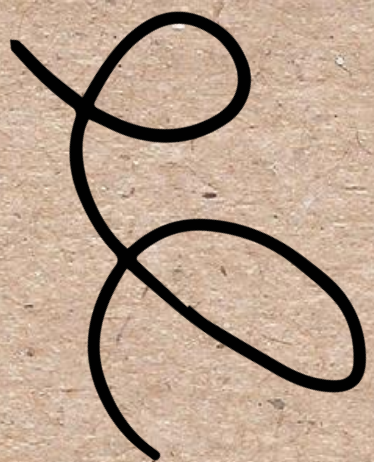
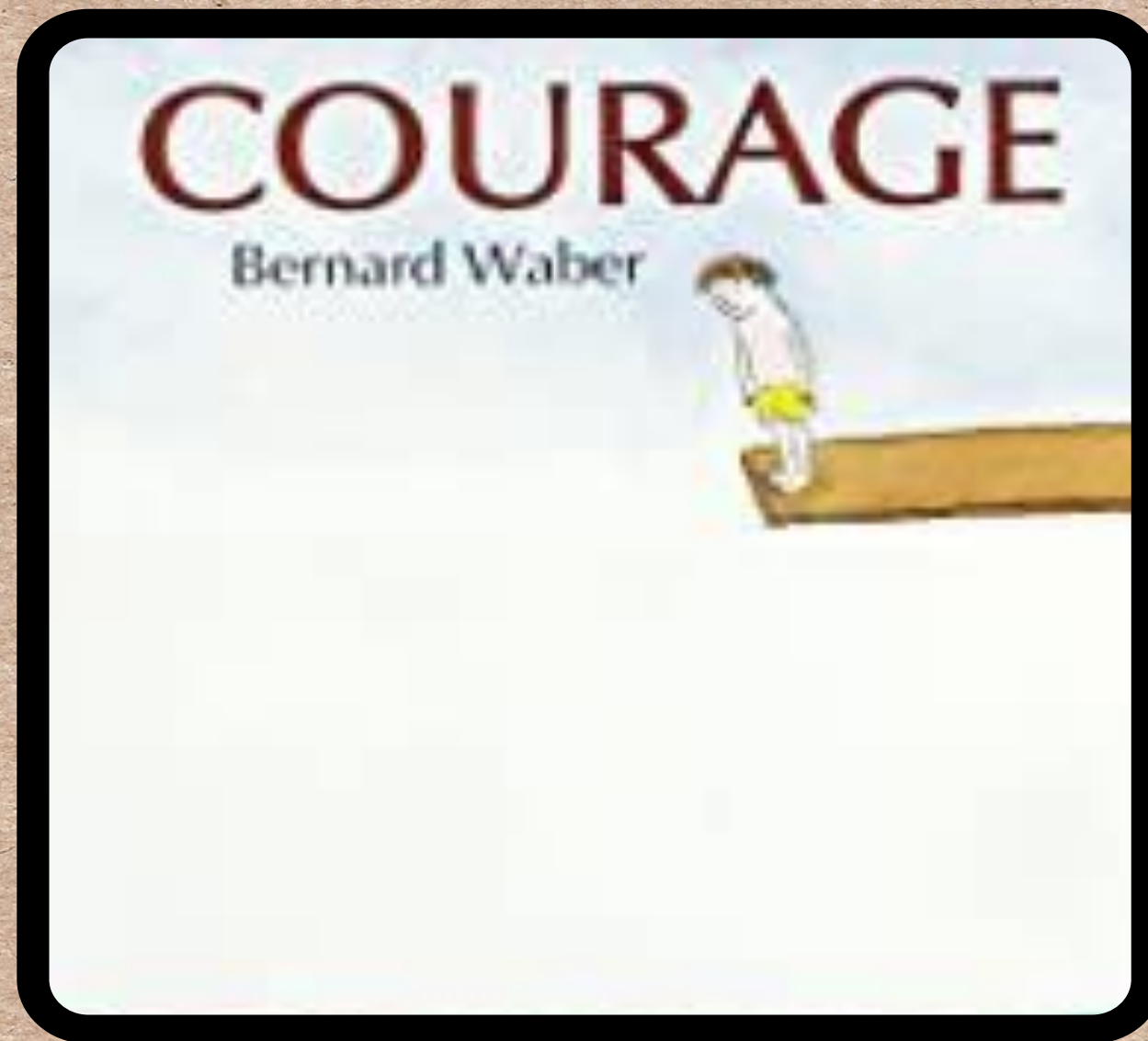


What does it mean to have
Courage?

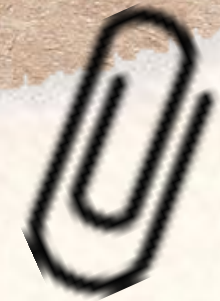




Courage

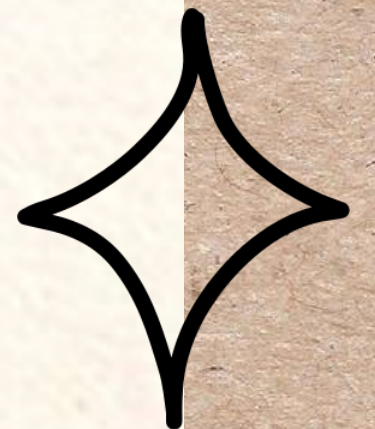
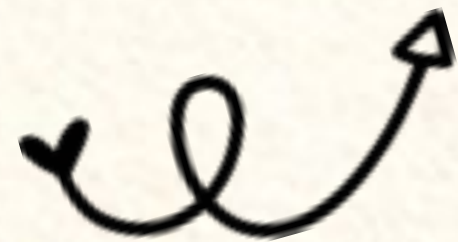


By: Bernard Waber



One-word Check-in

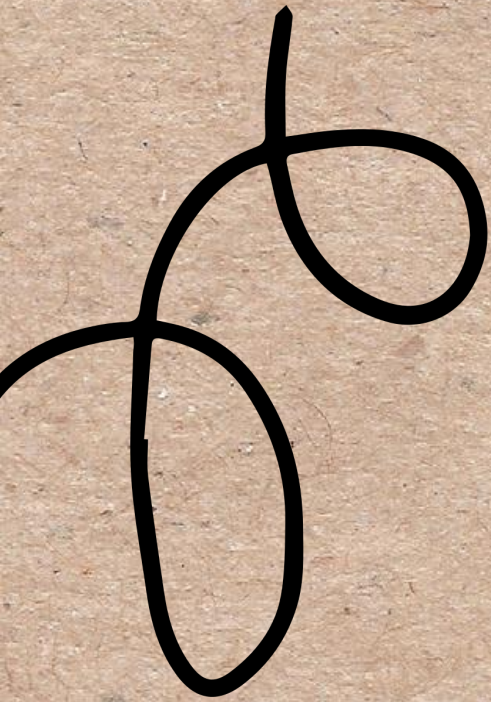
Describe how you are feeling at this moment with one word.





The 3C's

What are the 3C's?

Courage  Character  Commitment





Courage

Courage is believing in yourself and your abilities. Courage allows you to face something difficult.





Courage



Step 1: Believing in Yourself

What are your strengths?



Courage Review



What does it
mean to be
courageous?

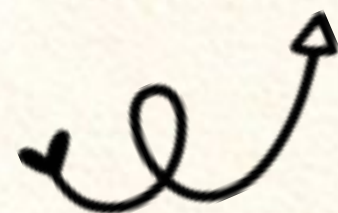
What is the
first step in
developing
ACM?

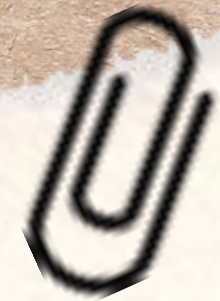


Believe in Yourself



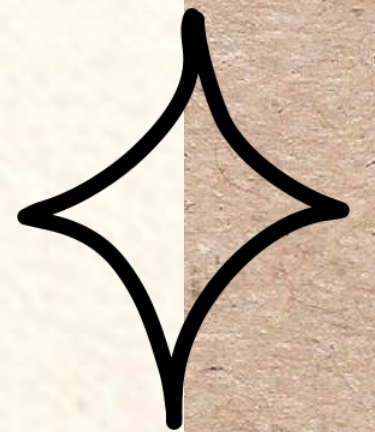
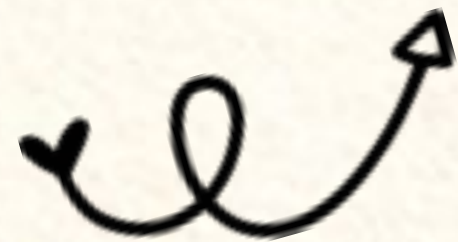
What is something you have done that
you are proud of?





One-word Check-in

Describe how you are feeling at this moment with one word.





ACM Weekly Family

Correspondence





Lesson Links

