



FINDING FUN

Week 11



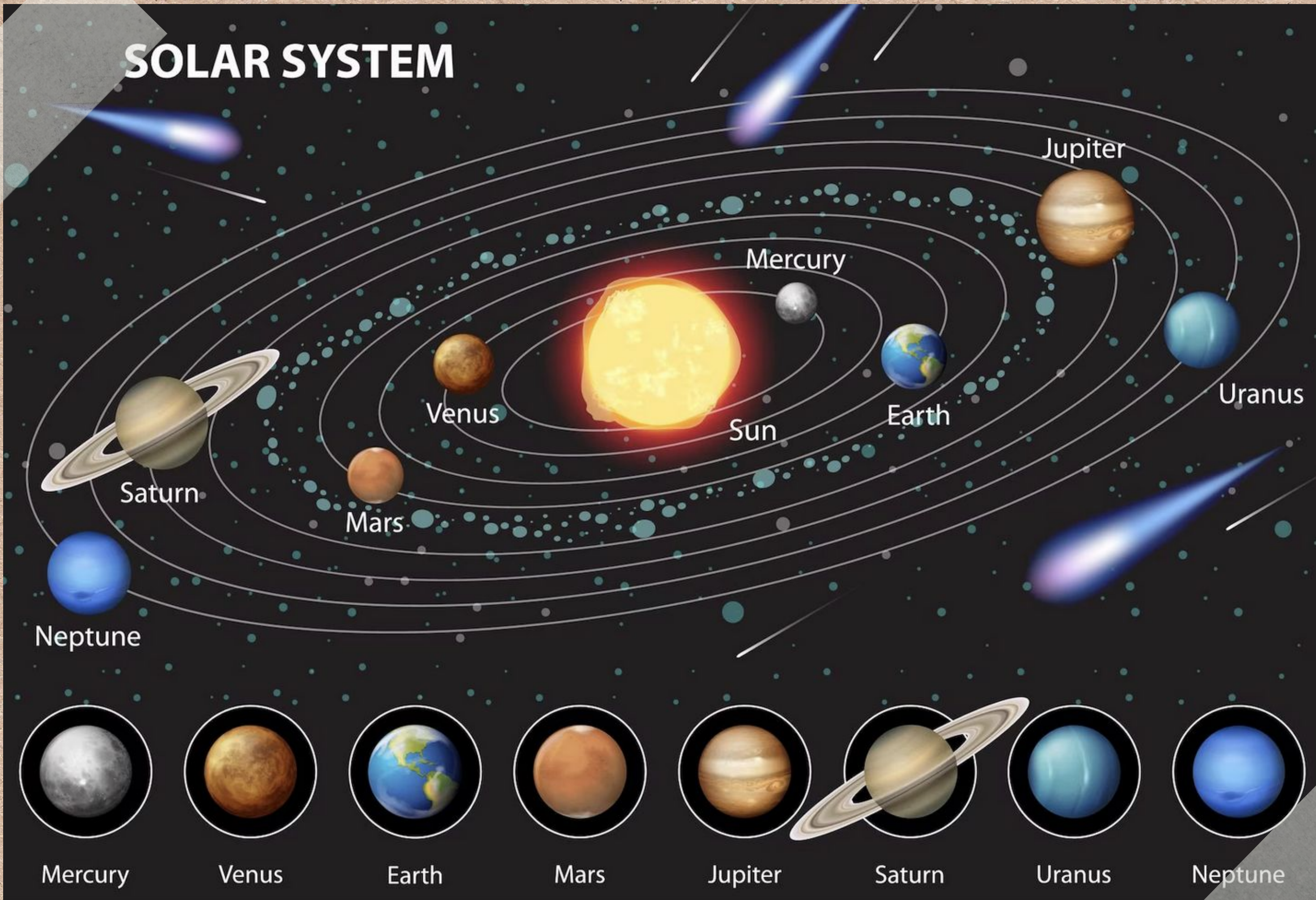
Step 3: Be Good to Yourself



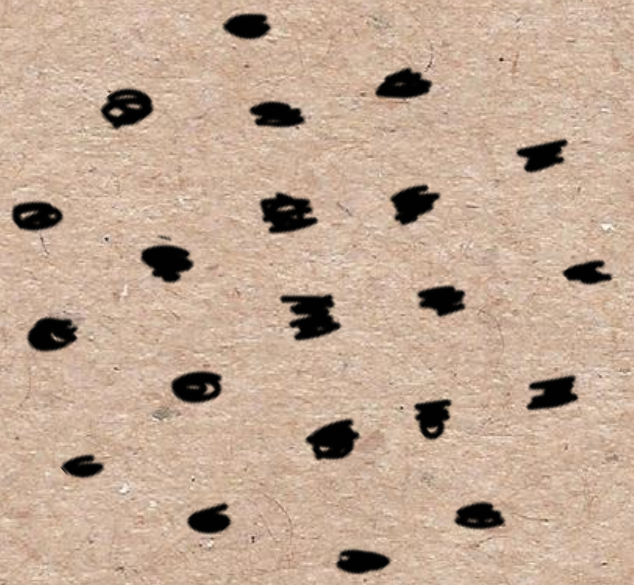
Finding Fun

How would you memorize
8 planets from closest to
furthest from the sun?

SOLAR SYSTEM



Brain Boogie



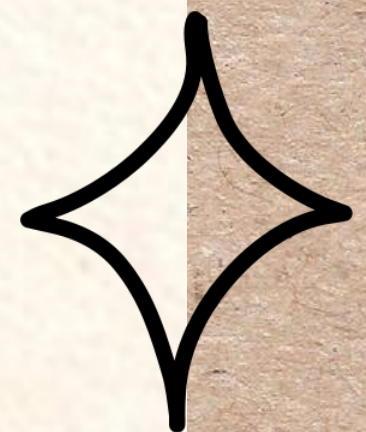
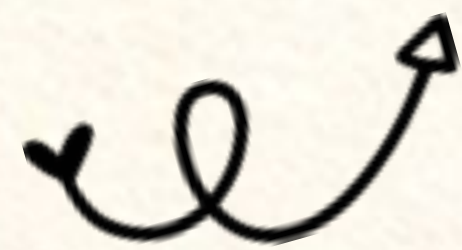
Learn the Planets Song

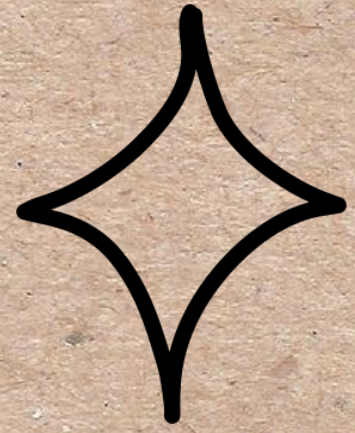




One-word Check-in

Describe how you are feeling at this moment with one word.

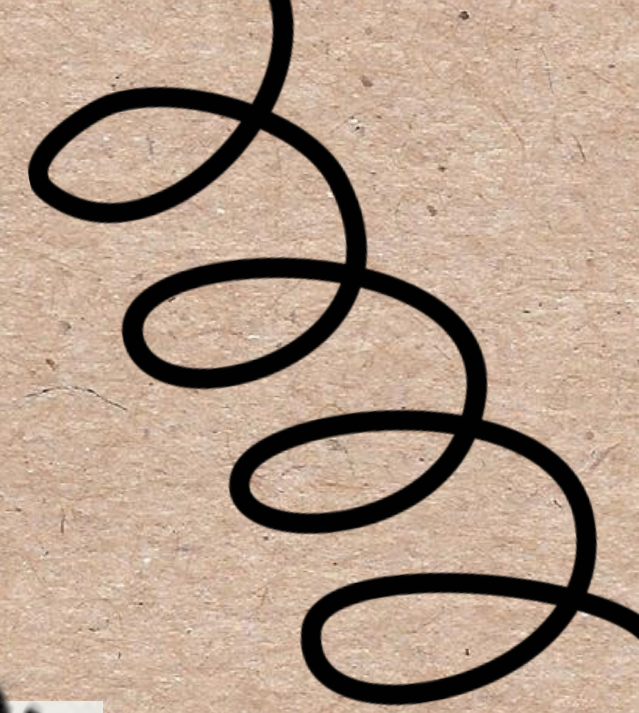
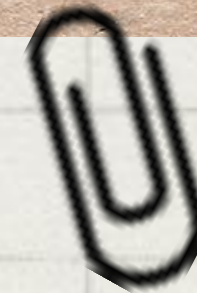




Enjoying a Lesson

Reflect on the following questions:

- What is a lesson in school you really enjoyed?
- Why did you enjoy it?
- Why was it fun?



Tips to Encourage Fun^o



1. Reward yourself

2. Race against time

3. Turn it into a game

4. Add music

5. Give it a silly name

Tips to Encourage Fun^o



6. Use technology with permission

7. Find a friend to work with

8. Include your Champions

9. Include movement or dance

10. Use a dramatic voice

How do you think
finding fun might affect
your confidence level?

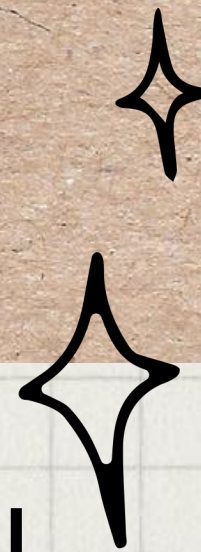


Finding Fun



1. Getting ready for school in the morning.
2. Taking care of a pet.
3. Taking out the trash.
4. Putting away your laundry..
5. Brushing your teeth.

Finding Fun Review



What is a task
you do not
enjoy?

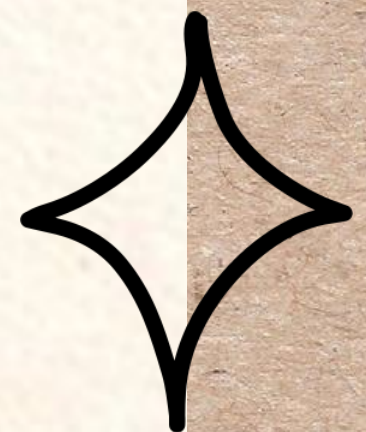
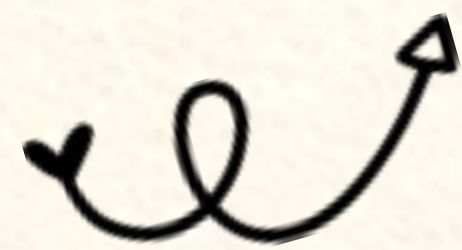
Why do you no
enjoy it?

How can you
make it fun?



One-word Check-in

Describe how you are feeling at this moment with one word.





ACM Weekly Family

Correspondence





LESSON LINKS



- [Learn the Planets Song](#)

