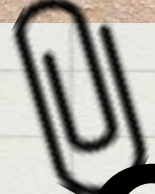





**MINDSET vs
SKILL SET**


Week 2




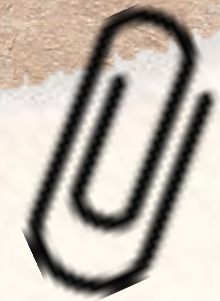
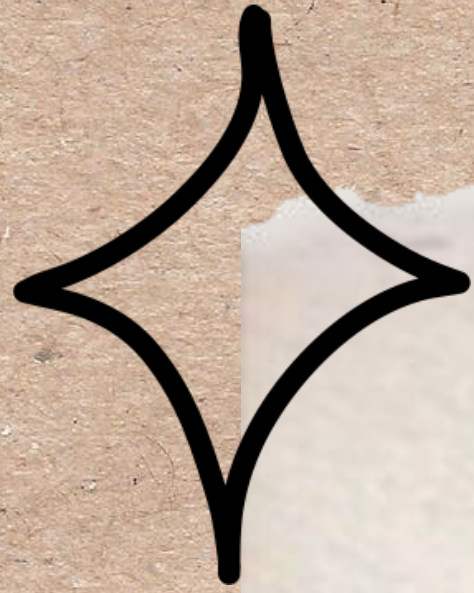


Confident Mindset



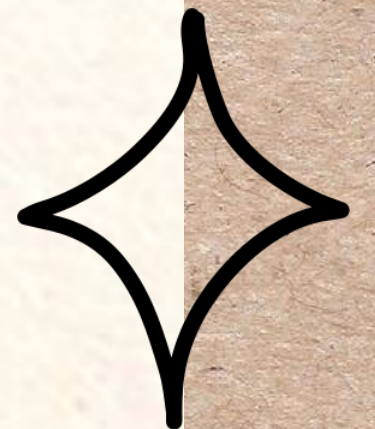
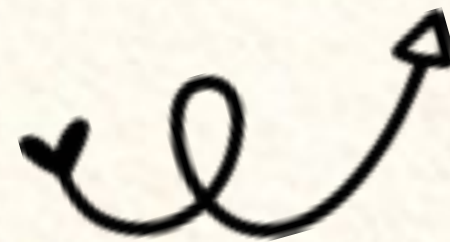
- 
- When I make a mistake, I get frustrated and feel stupid.
 - The process is more important than the result when I learn something new.
 - I only like to do things I am good at.

- 
- If you agree, stand.
 - If you disagree, stay seated.




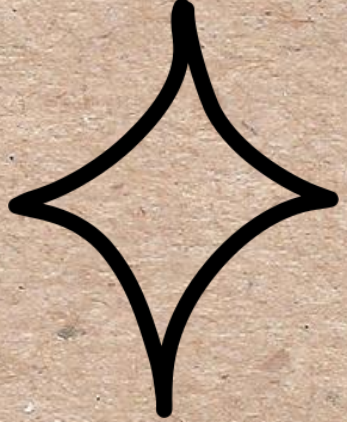
One-word Check-in

Describe how you are feeling at this moment with one word.






Mindset



Definition: your view of the world and your attitude and approach to life.



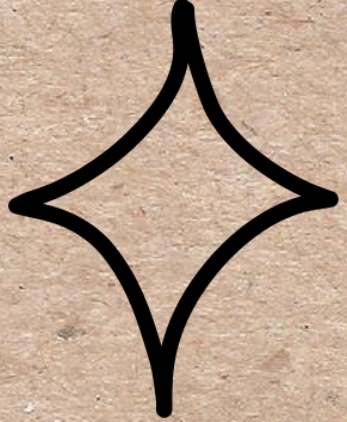
influenced by your personal beliefs




can be shaped



Skill Set



Definition: the knowledge you already have or may still be learning

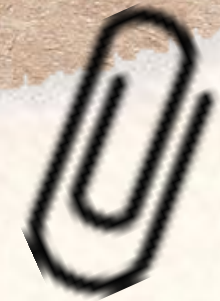
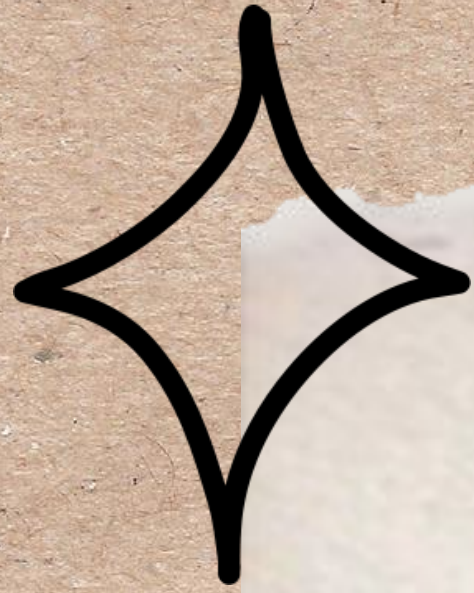


Math, English,
Science, etc.



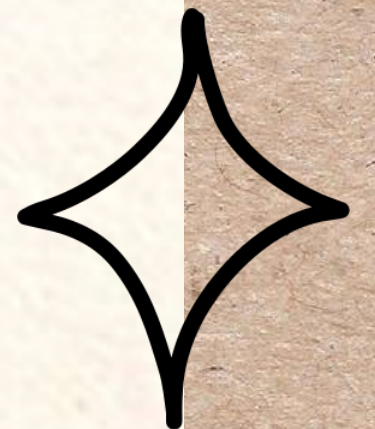
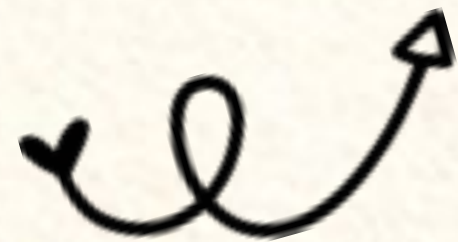
Music, Dance,
Martial Arts, etc.





One-word Check-in

Describe how you are feeling at this moment with one word.




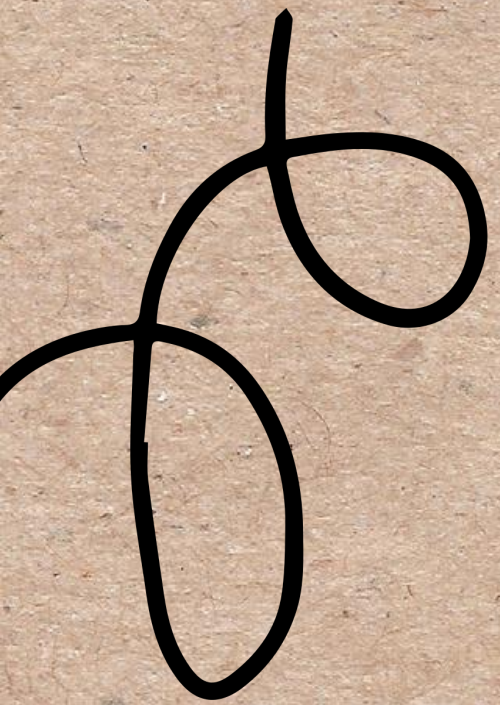


Review Time

Reflect on the following questions:



- Who remembers what a mindset and skill set are?
 - How can having a positive mindset help you become more confident?
- 

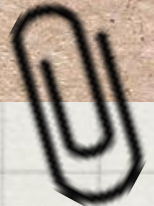


Your Skill Set


What skills do you have in your skill set?

List as many as you can think of!





What's Important?



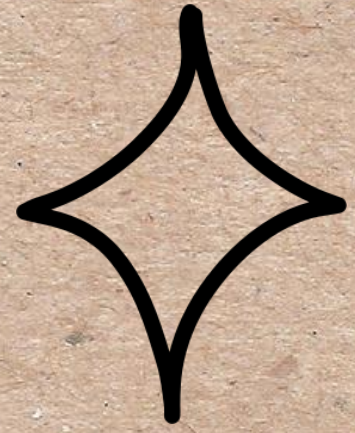
Mindset to believe



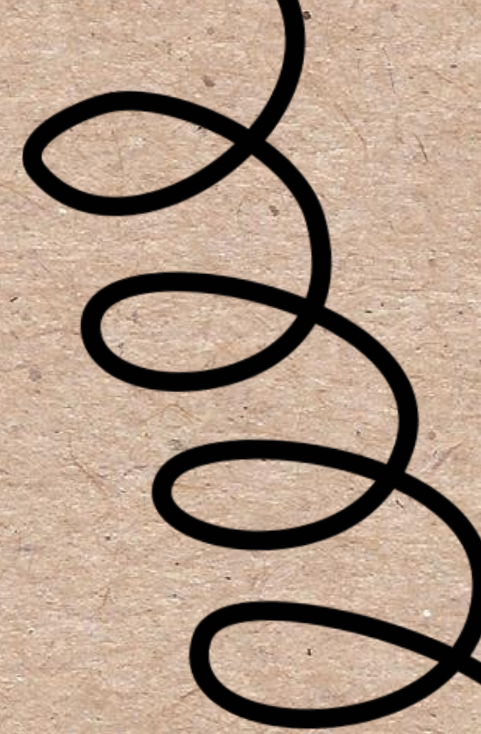
Open to new skills



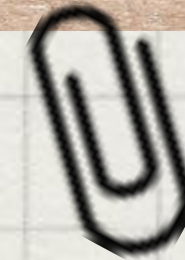
Confidence grows



Let's Review



Reflect on the following questions:



- What have we been learning about this week?
- What is an example of a mindset?
- What is an example of a skill set?





Positive Mindset



*I Am
Strong*

*I Am
Fearless*

*I Am
Trustworthy*

*I Am
Willing to
Learn*

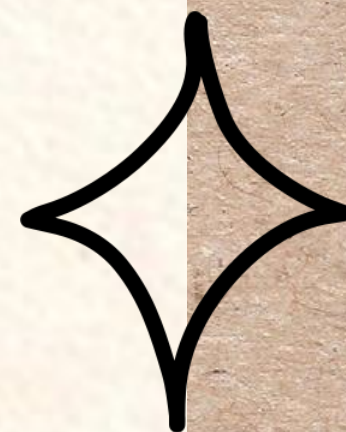
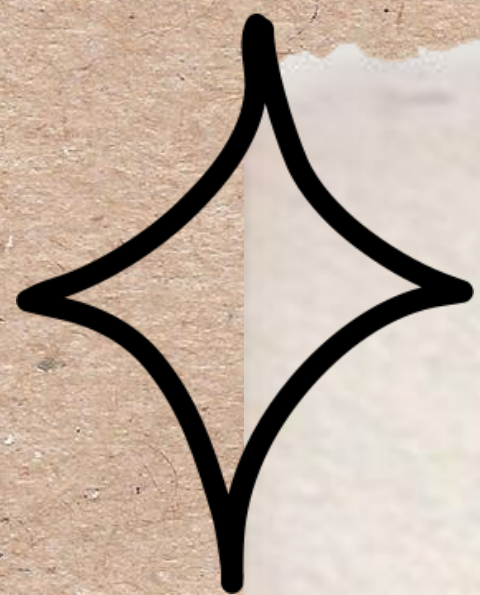
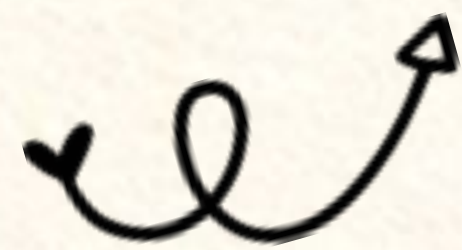
*I Am
Creative*

*I Am
Powerful*



One-word Check-in

Describe how you are feeling at this moment with one word.





ACM Weekly Family

Correspondence





Lesson Links

